

COLOURED MASTERS SEMINARS

2012 saw the start of the UKTF three master's technical coloured belt seminars, taken by Master Sutherland, Master Thompson and Master Dunbar. The first of the year took place in Inverness, March 17th March and the second in Livingston, October 20th. Both seminars gave the Masters a chance to work with 8th Kup to 1st Kup students of all ages and abilities, helping prepare for their next coloured belt grading and their development towards black belt. Although Inverness was particularly cold for that time of year, the turnout was great and the welcome warm as always. Well done to all those who took part.

The UKTF intend to repeat this seminar in 2013 at either end of the country. Dates and venues to be confirmed.



Three Masters Seminar Inverness, March 2012

"Without an aim, how can you hit the target?"

22nd & 23rd Blackbelt Technical Seminars and Black Belt Promotions

The UKTF Spring Black belt Promotions took place on March 24th while our Autumn Promotions took place on September the 29th in Livingston, West Lothian. The Masters Board of Examiners would like to congratulate all the following individuals who were successful in achieving their new rank.

March 24th Black Belt Promotions Weekend



Promoted to Bo Sabum 1st Degree

Daryl	Buchanan	ALNESS
Liam	Tracy	ALNESS
Calum	McNeill	BUCKIE
Andrew	Eaton	INVERURIE
Martin	Robertson	BUCKIE
Blair	Tennant	INVERURIE
Tamar	Hughson	LIVINGSTON
Liam	Jenkins	LIVINGSTON
Prentis	McLean	BATHGATE
Megan	Witherspoon	LIVINGSTON
Natalie	Hamilton	ALNESS
Samantha	MacFarlane	ALNESS
Danniella	Cameron	ALNESS
Neel	Sarode	POLLOCKSHEILDS
Nathan	Edwards	BUCKIE
Marc	Woods	NAIRN
Daniel	Graham	INVERURIE
Scott	Grant	BATHGATE
Bryan	MacDonald	BATHGATE
Martin	Wilson	BATHGATE
Bailey	Warren-Black	LIVINGSTON
Ellis	Shanks	BATHGATE
Keely	Cameron	INVERNESS
Donald	McInnes	INVERNESS
Douglas	Scott	INVERNESS
Kirtsy	Adams	INVERNESS
Natalie	Kent	INVERNESS

Keiran	King	NAIRN
Gavin	Kippen	INVERNESS
Sarah	Angus	INVERURIE
Liam	Brown	SOUTH QUEENSFERRY
Hal	Wotton	INVERURIE

Cont/

Promoted to Bo Sabum 2nd Degree

Christina	Foubister	INVERURIE
Colin	McRoberts	SOUTH QUEENS

September 29th Black Belt Promotions Weekend 2012



"The Great use of life is to spend it for something that will outlast it"

2013 Black Belt Promotion Dates

The first of our Black Belt **Technical training** and Promotions are to be held on:
 Black belt Technical Training will take place on Saturday the 30th of March in the James Young High School, Livingston, and West Lothian beginning 10am.

Black Belt promotions will be held at 10am Sunday the 31st of March in the MSBA Gym, Unit 1 & 2 Firth Road, Livingston, West Lothian.

The second and last of 2013 **Black Belt Training** will take place on Saturday the 28th of September in the James Young High School, Livingston, West Lothian beginning at 10am.

Black Promotions will be held on Saturday the 29th of September in the MSBA Gym, Unit 1 & 2 Firth Road, Livingston, West Lothian.

Sabum Forum and Promotions 2012



From left to right:

Master Thompson VII – Mr D Scott VI – Mr D Gilmour VI – Mr P.Scott V, Mr H Denholm VI, Mr E James VI, Master A.Dunbar VII, Mr P Scott IV, Mr P.McLaughlan IV, Mr R Allan IV, Ms K.Hansen IV, Ms J.Cross V and Master S.Sutherland VIII

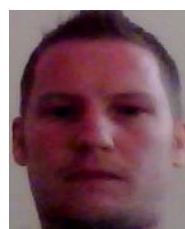
Each year the UKTF host a Sabum Forum so named as it offers as it not offers training and promotions for senior grades but a much need platform for discussion on a variety of topics, from technical to promotions and issues that concern the senior ranks within the Federation.

The Sabum Forums begin at 9.30am and finishes at 4.30 covering senior patterns and criteria required for promotion. This year there were several individuals seeking promotion to the rank of Sabum who were successful. The Masters board of Examiners are delighted to welcome the following black belts to the rank of Sabum 4th Degree.

Promoted to Sabum IV Degree



Ms Michelle Redmond
BROXBURN



Mr Desmond McDonough
BROXBURN



Mr Paul Stuart
LEITH



Dr Edward Moore
INVERNESS

Our congratulations also go to the following who were both promoted to 6th Degree.



Mr Heath Deholm WHITBURN



Mr Douglas Scott NAIRN

ITF World Cup Brighton – UKTF Success

With over 1,500 competitors the World Cup held in Brighton attracted competitors from all over the world. Several UKTF individuals were able to take part in this event doing very well bringing back to Scotland numerous medals.

Brodie McLaren	Gold -70kg	15-17 years sparring
Michael McRoberts	Gold Degree Tul	15-17 years
Steven Ednie	Bronze	18-35 years flying front kick
Ian Ohare	Silver (team)	15-17years sparring
Kerry-Anne Taylor & Rheannan Brown		Bronze Traditional Sparring



Michael McRoberts – Kerry-Anne Taylor- Rheannan Brown



Ian O'Hare – Brodie McLaren – Steven Ednie

COMPETITOR DEVELOPMENT TRAINING

Newly appointed Competitor Development Director six times ITF World Champion Ms Cross began the 1st National Development Training (NDT) in her South Queensferry Gym. Attracting students from Inverness, Forres, Inverurie, Leith, Lochgelly, South Queensferry and Livingston. Starting at 10am the training session covered ring craft, sparring drills, footwork, strength and flexibility training, free sparring followed by patterns and drills to improve sine wave and power.

The National Development Training is geared towards elite athletes. In the interests of the student's safety, instructors are asked to encourage only those who are attending training regularly, physically fit and are currently active in their field of competition (not necessarily a medal winner) and hold a valid licence.



Ms Julia Cross V Degree far left.

“ Getting anywhere means starting somewhere....”

UKTF BOARD OF DIRECTORS



Dr Robin Coltman stepped down due to personal commitments but remains a valued senior member of UKTF . We would like to thank Dr Coltman for his work and support over a very busy two years and look forward to working with him in the future.

Master Sutherland Master Dunbar and Mr Stuart were re-elected in their current position while the UKTF welcomed newly elected member to several new positions: Head of Competitor Development Ms Julia Cross V Degree, Press and Public Relations Ms Katja Hansen 4th Degree, Events & Activities Mr Raymond Kaczmarek III Degree and Media Information Mr Luke Danskin II Degree.

Our new board reflects the changing of the times and the need for a strong development team. With your continued support we are very optimistic and looking forward to the year ahead and what can now be achieved.

Information & Events

Through the UKTF Facebook page and official UKTF web site www.uktf.com we are able to get basic information out to the membership quickly, however this is basic information which we provide to assist everyone to organise their calendar of events. Where possible we will also confirm details on both sites but everyone should double check the information with their instructor.

The UKTF will issue application forms via e-mail for each event to black belt members who have a valid UKTF membership and provided their current e-mail. However all applications can only be accepted when submitted through your own instructors and NOT directly with UKTF.

TKDSL.- TAE KWON-DO SCOTLAND Ltd



General Choi agreed to the independance of ITF Scotland in August of 1997 and since then it has been our goal to achieve Scottish Sports Council recognition. After several attempts under our own merit it became aparrant that ITF could not go it alone. At the time WTF as a UK body were not interested in a Seperate WTF Scottish body so the road to recognition through WTF was closed.

After internal turmoil within the UK WTF membership, the Scottish WTF membership left the UK body and set about trying to gain seperate Sports Council recogition. Taekwondo Scotland Ltd (TKDSL) was established in October 2007. It was clear to everyone that to achieve seperate Sports Council recognition in Scotland for the greater good WTF and ITF should work together and TKDSL was formed.

We the UKTF are privilaged to be part of this Historic event, creating a new governing body working along side the WTF as equal partners. Both groups are atonomous but have one goal, an umberella body representing all forms of Tae Kwondo in Scotland. It is our collective beleif that Scotland practitioners deserve the opertunity to be included in everything that is available, financial or otherwiseand. Our aim is to raise the technical standards , participation and public awareness in the art and Sport of TKD in Scotland, achieving recognition with the Scottish Sport.

The ITF TKDSL board members are :

Chairman	Master A.Dunbar 7 th Degree
Vice Chairman	Mr P.Stuart 4 th Degree
Secretary General	Mr D. Gilmour 6 th Degree
Treasurer	Mr R. Kaczmarek 3 rd Degree
Sports Development & Coach	Ms J.Cross 5 th Degree

TKDSL 1st Scottish Kings Cup 2013

Each year TKDSL will host an annual joint competition promoting both styles Taekwon-Do. Our first competition will be on Sunday March the 24th 2013 in Linlithgow High School , Linlithgow , West Lothian. More information will be available after the holidays.

“Scotland Our Future”

“Some people make it happen, others watch it happen, and some say , “what happend?”

UKTF MEMBERSHIPS

Annual Memberships for UKTF must be renewed before the expiry date. Every licence paid after the expiry date carries with it an additional £5 administration fee.

UKTF UMPIRE COURSE 2013

All blackbelt 18 years and over are required to attend the next Umpires course which will be held in Inverness at Master Dunbars Black Belt Academy, The Ice Centre, Inverness IV3 5SR Saturday the 23rd of February. Details and applications to follow.

Another year has once again gone by too fast. This year the UKTF celebrated our 25th year, no mean feat by martial arts standards! These 25 years not only signify our commitment and belief in Tae Kwon-Do but also signifies great friendships that have been formed, many that will last a lifetime, no better foundation to build on.

We the UKTF board would like thank you for your support these 25 years, and look forward to working with you again next year.

Seasons Greeting and

Best Wishes for and your families in 2013

For and on behalf of the UKTF Board

Master S.Sutherland VIII
Secretary General

