

## Black Belt Promotions 2014

The UKTF Masters meet twice a year to teach individuals who attend the national black belt promotions. Congratulations to all those who were successful and promoted within the black belt ranks. With the promotion to black belt comes the responsibility of leading by example. It is the duty of every black belt to support firstly your gym and instructor and attend all events to enhance your knowledge and attend every technical seminar for self improvement. A black belt is not something you wear, it is something you become .



Livingston, March 2014

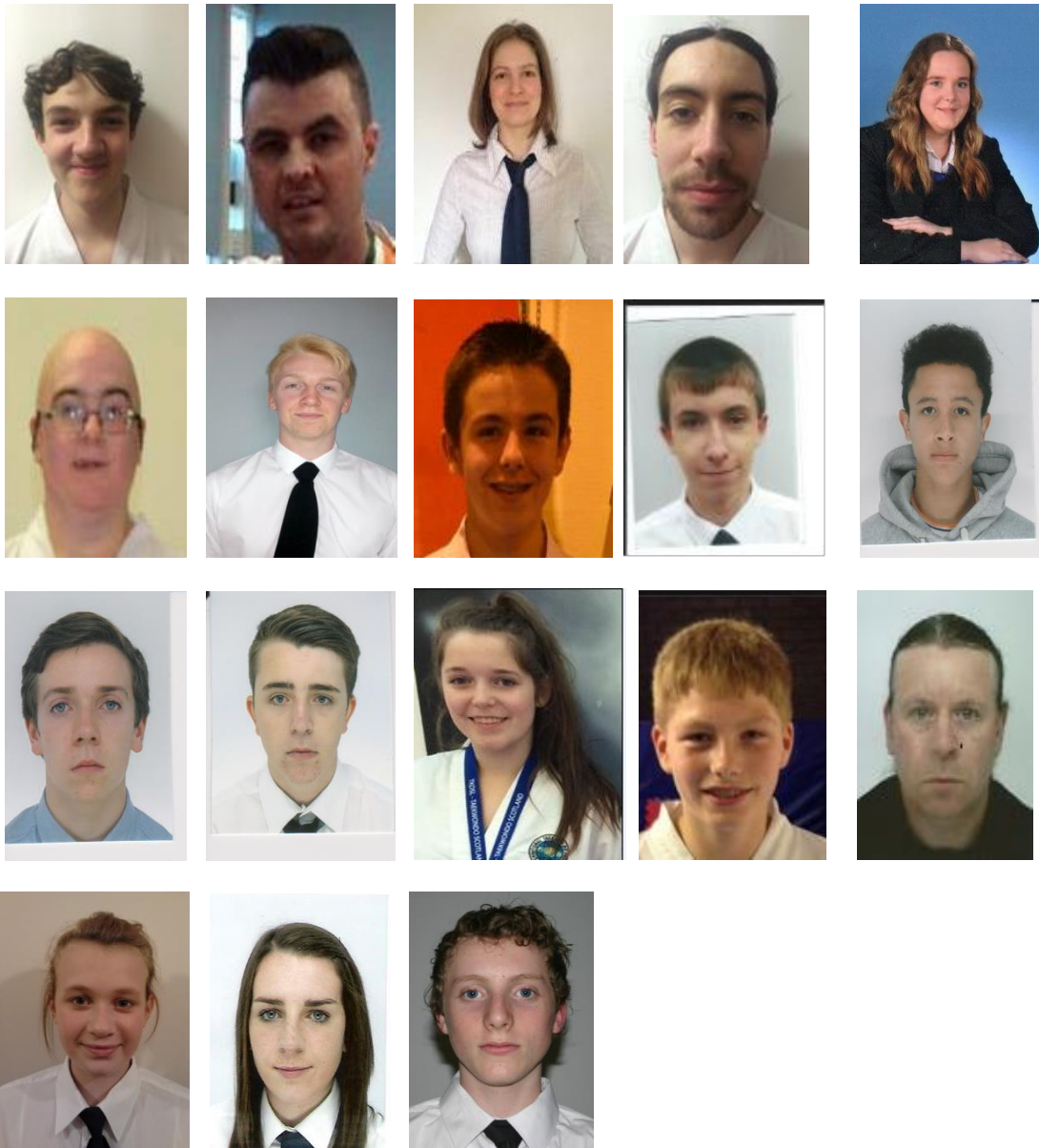


Inverness, September 2014

### *Boo Sabum 1<sup>st</sup> Degree*

CAMERON	LOCHRIE
EMMA	GRAY
ABBIE	CRUDEN
FERGUS	GUNN
BRIAN	VIETCH
JULIA	VAZONYI
CRAIG	ROBERTSTON
LAUREN	WAUGH
CRAIG	ROBERTSON
JONATHAN	BROWN
MALCOLM	MCLENNAN
CALLUM	NEILSON
AIDEN	GRANT
IAN	PHILMISTER
LEVI	KINCHANT
CONNOR	BURNS
KIERAN	BRUCE
HEATHER	PURDIE
JAMIE	BOWERN

LIVINGSTON
INVERNESS
NAIRN
NAIRN
LIVINGSTON
LEITH
INVERNESS
BROXBURN
LIVINGSTON
BATHGATE
INVERNESS
INVERNESS
INVERNESS
INVERNESS
SOUTH QUEENSFERRY
SOUTH QUEENSFERRY
SOUTH QUEENSFERRY
SOUTH QUEENSFERRY
INVERNESS



*"Coloured belt is like learning the alphabet, black belt is learning to read"*  
*General Choi Hong Hi*

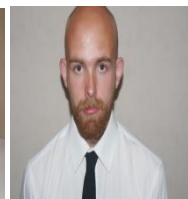
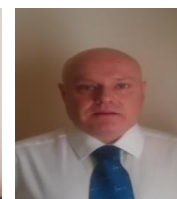
### ***Black Belt***

"Opposite of white, therefore, signifying the maturity and proficiency in Taekwon-Do" (Gen. Choi Hong Hi, 1999, pp. 373). The new beginning. The student has undertaken their grading and have proven their worth. They have demonstrated maturity and an understanding of the five tenets of Taekwon-Do. You don't feel different but you know that you have changed. While reviewing your own journey you see that the Black Belt itself is not as important as the lessons learned along the way.

*Congratulations from the Masters Board of Examiners*

*Cont/ Promotions  
Boo Sabum*

STEVEN	WALSH
SCOTT	GRANT
CRAIG	HENDERSON
KELVIN	FOWLER
PHILIP	DICKSON
ALAN	THOMSON
MARTIN	SCOTT



*2<sup>nd</sup> Degree*

LIVINGSTON
BATHGATE
LEITH
BATHGATE
INVERNESS
FORRESS
NAIRN

Tae kwon do is a journey and for each of us a different one. " The practitioner is ready when they are ready in mind , spirit and technique. It is good and healthy to have a goal, but if it is based on minimum time you will never reach your true potential. Anything worth achieving takes time and worth working for, and some practitioners take longer than others, but if the approach is a true desire to learn , understand and improve through time we can stand side by side in our grades as equals no matter how long the journey .

*Congratulations from the Masters Board of Examiners*

*Boo Sabum 3<sup>RD</sup> Degree*

ALAN	THOMSON	INVERNESS
ELIZABETH	GRAY	INVERNESS



3rd Degree Boo Sabum, assistant instructor and the last grade before becoming and International Instructor in their own right, someone who has a firm goal to promote , demonstrate develop and improve TKD .

*Congratulations from the Masters Board of Examiners*

### *Sabum Forum 2014\_October*

The UKTF held their annual Sabum Forum in Livingston on Saturday October the 25<sup>th</sup>. This forum gives the International Instructors 4<sup>th</sup> degree and above the chance to train together, something we all look forward too. The UKTF makes this forum open to everyone regardless of affiliation teaching.

### **SABUM PROMOTION**

At the Sabum Forum we provide the opportunity for those eligible to grade to and within the Sabum ranks. We the Masters and board of examiners would like to congratulate Mr Raymond Kaczmarek 4th Degree from Livingston who was successfully promoted 4<sup>th</sup> degree.



*Sabum:* Reaching the senior ranks of Instructor is more than performing .A huge responsibility and the beginning of another journey not to be taken lightly. General Choi put faith in his Sabum's stating the wearer "must have proven they have the skills to teach and lead others".

*Congratulations from the Masters Board of Examiners*